



**HAROKOPIO UNIVERSITY**  
SCHOOL OF ENVIRONMENT, GEOGRAPHY AND APPLIED ECONOMICS  
**DEPARTMENT OF HOME ECONOMICS AND ECOLOGY**

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## **COURSE GUIDE**

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2017-2018

## CONTENTS

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<b>HAROKOPIO UNIVERSITY .....</b>	<b>3</b>
HISTORY .....	3
ACADEMIC STRUCTURE.....	3
ADMISSION PROCEDURES .....	4
THE LIBRARY AND INFORMATION CENTER .....	4
LIAISON & CAREER OFFICE .....	5
EUROPEAN MOBILITY PROGRAMS .....	5
STUDENT COUNSELING CENTER .....	6
SUPPORT OF STUDENTS WITH SPECIAL EDUCATIONAL NEEDS (SwSEN) ..	7
<b>THE DEPARTMENT OF HOME ECONOMICS AND ECOLOGY .....</b>	<b>8</b>
THE SCIENCE OF HOME ECONOMICS .....	8
MISSION AND OBJECTIVES OF THE DEPARTMENT .....	9
PROFESSIONAL PERSPECTIVES OF THE GRADUATES.....	9
RESEARCH ACTIVITY .....	10
THE LABORATORIES OF THE DEPARTMENT .....	10
<b>THE DEPARTMENT'S PROGRAM OF UNDERGRADUATE STUDIES .....</b>	<b>12</b>
ACADEMIC PROFILE AND CHARACTERISTICS OF THE PROGRAM OF STUDIES.....	12
CRITERIA FOR THE ESTABLISHMENT OF THE PROGRAM OF STUDIES .....	12
OBJECTIVES OF THE PROGRAM OF STUDIES.....	13
EXPECTED LEARNING OUTCOMES FROM THE PROGRAM OF STUDIES....	14
THE USE OF THE E CLASS.....	15
THE DEPARTMENT'S INTERNSHIP PROGRAM.....	15
TEACHING, EXAMINATIONS, ECTS.....	17
STRUCTURE OF THE PROGRAM OF STUDIES.....	18
STAFF .....	20
Members of the Special Technical Laboratory Staff – ETEP.....	23
UNITS OF UNDERGRADUATE PROGRAM OF STUDIES .....	24
<b>PROGRAMS OF POSTGRADUATE STUDIES .....</b>	<b>30</b>



## HISTORY

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The national benefactor Panaghis Charokopos (1835-1911) was particularly interested in the education of Home Economics and hence established and financed the School for the Education of Home Economics (1915-1920) . More specifically, in 1906 he purchased a site of 20,000 sq.m. in Kallithea, where the School was built with the assistance and collaboration of his brother Spyridon Harokopos. In 1959 a new wing was added to the building. From 1929 to 1990, the "Harokopios Higher Education School" was housed in the building complex abovementioned. In 1990 Harokopio University was established. The University building infrastructure was completely renovated in 1993-1994 and was completed with the construction of a new building during 1999-2000. The Harokopion University was established in accordance with the Article 9 of Law 1894/90, as amended with the Article 17 of Law 1966/91. The overall design and development of the University is based on international standards and a scientific study commissioned by the Ministry of Education.

## ACADEMIC STRUCTURE

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Harokopio University consists of four Departments forming three Schools:

1. School of Environment, Geography and Applied Economics
  - Department of Home Economics and Ecology (since 1993)
  - Department of Geography (since 2000)
2. School of Health Science and Education
  - Department of Nutrition and Dietetics (since 1994)
3. School of Digital Technology
  - Department of Informatics and Telematics (since 2007)

There are also five (5) Postgraduate Programs in the University:

1. Sustainable Development
2. Applied Dietetics - Nutrition
3. Applied Geography and Spatial Management
4. Education and Culture
5. Informatics and Telematics

## ADMISSION PROCEDURES

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The basic process for admission to Harokopio University is the Pan-Hellenic Examinations conducted every year under the auspices of the Ministry of Education. Special admission requirements have to be met, according to Law 2909/2001 and the Ministerial Decision 151/17104/B6, by students belonging to special categories as described by the abovementioned Law. Finally, students are admitted to Harokopio University after taking Placement-Qualifying Examination on the condition that they are subject to the Ministerial Decision no Φ2/121871/B3/3-11-2005 about the Placement of University Graduates in Tertiary Education.

## THE LIBRARY AND INFORMATION CENTER

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The Library and Information Center of the Harokopio University operates on the 2nd floor of the Harokopio University at the new wing named "Evanthia - Petroutsi-Harokopou", covering a total area of 540 sq.m. The mission of the Library is to collect, elaborate and disseminate information related to the subject areas of the University's Departments as well as to educate users, help them develop their skills in the use of new technologies and choose appropriate sources of information. The scientific organization of its material is based on the international rules and standards of Library Science. The Library has automated its functions with the use of Information System HORIZON 7.3.2. In the Library area computers are available for searches in its catalog. Its collections include books, journals, works of the University teaching staff, statistical studies, dissertations, etc. The Library is lending only to members of its academic community on the condition that they have the required membership card. Establishing as its core objective the provision of a range of services with an emphasis on electronic and distant services, the Library and Information Center of Harokopio University overcomes the limitations of space, adopting new technological developments. Thus, through its constantly updated website, its users have the opportunity to receive a range of electronic services (research in the book and journal catalog, access to electronic journals and databases, orders for journal articles from other libraries in Greece, useful e-mail addresses). The Library is a member of Heal-Link (Hellenic Academic Libraries Link) and closely follows all developments in the scientific field of Library and Information Science. It is staffed by experienced librarians and technical staff, who are constantly at the disposal of the users.

### Contact:

Tel.: +30 210 9549 169-170, fax +30 210 9560 161

e-mail: library@hua.gr

## LIAISON & CAREER OFFICE

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The main purpose of the Liaison & Career Office is to develop a two-way communication between the academic community and the enterprises or other production entities in which University students or graduates could be employed, making good use of their knowledge. It also aims at disseminating the knowledge and facilitating the communication of students and graduates of the University and the Department with the labor market. The information provided by the Office is focused on (a) collecting data on internships and employment opportunities in the labor market, as well as on training seminars, postgraduate studies and scholarships (these data are provided to students and graduates of the University), b) informing the labor market about the scientific work of the Departments of the University and the potential of their students c) informing students and graduates of the University about ways to find and keep a job, as well as about appropriate behavior during an interview, (d) organizing of meetings with the participation of entrepreneurial executives in order to inform students and graduates about the qualifications required to get a job, as well as about the current situation in various domains of the labor market. This also gives the opportunity for a first contact of students and graduates with the corresponding offices in the enterprises. In the difficult turning point, during which the student and the graduate transition from the University to the workplace, provision of support and advice for decision-making, related to the professional career, plays an important role. For this purpose the staff of the Interconnection Office, as well as the members of the Teaching Staff of the University, are at the disposal of students and graduates, in an effort to help them realize their abilities and qualifications. This will increase students' chances to follow that professional course or those postgraduate programs where they will make the best possible use of the knowledge they have acquired during their studies at the University. All the aforementioned processes for student and graduate support are activated by the Interconnection Office immediately after the completion of a CV, which is filed in the Office.

### Contact:

Tel.: +30 210 95 49 126, fax: +30 210 95 49 252,  
e-mail: [career@hua.gr](mailto:career@hua.gr)

## EUROPEAN MOBILITY PROGRAMS

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ERASMUS Office - Department of International and Public Relations positively and dynamically contributes to the international relations and internationalization of Harokopio University with the aim of developing strong academic synergy with strategic partners, mainly, but not exclusively, from the European Higher Education Area. It particularly promotes, encourages and supports academic cooperation and the participation of Harokopio University in the European educational programs. It supports the two-way (from and to Harokopio University) mobility of students, teaching and administrative staff in the actions materialized by Harokopio University in the frame of ERASMUS. The activities of the ERASMUS Office are as follows: (a) The creation and development of interuniversity mobility channels, (b) The ensuring of participation of the Institution's beneficiaries (teaching, administrative staff and students), (c) The provision of information and support to the beneficiaries. Information on the ERASMUS Program and the actions of the Institution is provided during events organized by the central administration of the University, or on a daily basis, for individuals or small groups, by the ERASMUS Office as well as by e-mail. The presentation of the outcomes from the participation in ERASMUS actions also



takes place during academic events, sometimes alongside information events and sometimes separately, at ERASMUS Office's central events, as well as in Departments by the ERASMUS - ECTS Coordinators. Within the framework of the information, support and preparation services offered to the students of Harokopio University on the one hand, and as an intermediary between the students from abroad and the student community as a whole or as individual students, on the other hand, the ERASMUS Office assists students, throughout the process, to begin to develop social skills such as language and intercultural skills, skill of adaptiveness in changing environments, and to receive the first stimuli for a fruitful intercultural dialogue. The ERASMUS Office also informs, supports and serves the incoming students for their participation in mobility actions, application, admission and quick adjustment to their new Greek surroundings. In order to optimally integrate foreign students in the academic community of Harokopio University, the ERASMUS Office encourages and supports every initiative of the students of Harokopio University for the development of relevant activities.

Contact:

ERASMUS OFFICE AND EUROPEAN EDUCATIONAL PROGRAMS

Student Welfare Building, Office 2.1.

El. Venizelou 70, 176 71 Kallithea

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e-mail: [erasmus@hua.gr](mailto:erasmus@hua.gr)

e-class: <http://eclass.hua.gr> ERASMUS

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Tel.: 2109549266, e-mail: [esardanou@hua.gr](mailto:esardanou@hua.gr)

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## STUDENT COUNSELING CENTER

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The University Student Counseling Center aims to help students who experience personal problems (e.g. difficulties in adapting to the new environment, difficulties in making decisions, lack of interest, eating disorders, phobias, depression, anxiety, addiction, etc.), studies-related problems (e.g. learning difficulties, exam stress, poor time management etc.), communication problems with parents, friends or partners, or problems related to stressful events (e.g. illness, death, disasters etc.), as well as problems regarding addictions (e.g. substances, internet). The aforementioned psychosocial and psychological support offered to students is provided during individual (individual counseling) or group (group counseling) meetings or through distant communication via the internet (tele-counseling). The Center also provides counseling and psychological assistance to graduates of the University Departments who want to address the difficulties they experience in their daily lives as professionals (supervisory counseling), as well as support for students with special educational needs. The Center also carries out other activities related to the organization of Seminars, Meetings, and Conferences on psycho-pedagogical issues. It is supervised by a member of the Department's teaching staff and is staffed by a counseling psychologist, member of the Laboratory Teaching Staff of the University, and a Teacher-Psychotherapist seconded from Secondary Education.

## Organization

**Scientific Responsible:** Aikaterini Maridaki-Kassotaki, Professor of Psychology.

**Collaborators:** Dr. Giorgos Tsitsas, Counseling Psychologist, Special Laboratory Teaching Staff/EEDIP and Angeliki Kyvelou, Teacher, Master in Education, Psychotherapist.

The Center runs from Monday to Friday from 9:00 to 15:00/17:00

## Contact:

Tel.: +30 210 9549 338

e-mail: kesym@hua.gr

## **SUPPORT OF STUDENTS WITH SPECIAL EDUCATIONAL NEEDS (SWSEN)**

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The Counseling Teacher for Students with Special Educational Needs (SwSEN) was instituted at Harokopio University in 2014 with a Senate Decision (210/31.3.2014). The Counseling Teacher for SwSEN is a member of the teaching staff of the University having specialised knowledge in supporting students with learning difficulties or special educational needs. His/her main task is to provide students with support aiming at their better adjustment to academic life, to facilitate their participation in the educational activities of the Undergraduate Studies Program, as well as to inform the members of the University on issues related to the equal-rights inclusion of SwSEN in the academic community. Within the framework of the Undergraduate Studies Program, necessary adaptations are provided for the unhindered attendance of students with special educational needs/disabilities in terms of accessibility to the University premises, use of the University e-learning platform, use of the Library and other services of the University, attendance and participation in the courses and other activities of the Undergraduate Studies Program, and procedures for assessing student performance. The General Data Protection Regulation (GDPR) is taken into consideration in the processing of the personal data of the students of the Department.

**Scientific Responsible:** Aikaterini Antonopoulou, Assistant Professor

## Contact:

Tel.: +30 210 9549172

e-mail: kantonop@hua.gr



# THE DEPARTMENT OF HOME ECONOMICS AND ECOLOGY

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## THE SCIENCE OF HOME ECONOMICS

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Home Economics is a scientific field within the field of humanities. Its scope covers a wide range of scientific areas which aim at achieving the optimal sustainable living for individuals, families, and human communities. The historical origins of Home Economics relate to the domestic household. In the 21st century however, Home Economics widened its sphere of reference to include wider living environments since, the capabilities, choices and priorities of individuals and families impact at different levels, starting from the household and reaching up to local and global communities. Nowadays, Home Economics draws its subject from different fields of science, merging them through interdisciplinary research – a necessary process since the phenomena and challenges of everyday life are usually not one-dimensional.

The scope of Home Economics includes:

- consumer science and financial management of the household,
- home-based technology and sustainability of home space,
- housing, home, and hospitality,
- dietetics, food science and health,
- personal development of the human being and study of the family,
- education and social services.

The fact that interdisciplinarity, in terms of domains of scientific interest, is the main feature of Home Economics, gives it scientific and research advantages which allow the development of specialized content-related approaches and deep understanding of its academic field. The interdisciplinary nature of Home Economics, combined with the objective of achieving the optimum sustainable living of individuals, means that Home Economics as a science, with practical implications and applied proposals, can improve the quality of life in most social domains of daily everyday life, through the intervention and transformation of political, social, cultural, ecological, economic, educational and technological systems, in a local and/or global level.

## MISSION AND OBJECTIVES OF THE DEPARTMENT

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The Department of Home Economics and Ecology of Harokopio University was established in 1993, being the first and oldest department of Harokopio University. It belongs, together with the Department of Geography, to the School of Environment, Geography and Applied Economics. The mission of the Department, in accordance with its establishing Presidential Decree, is: "to train Home Economics executives to meet the modern requirements of education and the requirements of family organization and management" (Articles 2 and 3, Presidential Decree 206, Greek Government Gazette 97/12-6-1992).

Based on its mission, the main objectives of the Department are as follows:

- i. To promote scientific knowledge and research on subjects related to the domestic economy, the organization and operation of the family, as well as the management of the natural and cultural environment.
- ii. To educate students in all areas of economic activity so that they can make use of social, natural and cultural resources, contributing to economic growth and promote quality of life. The concept of quality of life covers the whole spectrum of living conditions and activities of family members (income, financial management, consumer behavior, professional activity, household, nutrition, environment, interpersonal and social relationships) and their interactions, which help to ensure their physical and mental health and wellbeing.
- iii. To provide students with psycho-pedagogical training for the acquisition of teaching and pedagogical competence, which will render the graduates of the Department able to undertake, in public or private schools of secondary education, teaching courses related to the subject areas of the Department.

## PROFESSIONAL PERSPECTIVES OF THE GRADUATES

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The perspectives of employment for the graduates of the Department, apart from the field of education (Teachers of Home Economics and similar school subjects - PE80) are in: commercial enterprises, cultural centers, local government administration, tourism enterprises, transport companies, consultancy offices, banks, cooperatives unions (mainly in the agricultural sector), associations and chambers, non-profit organizations, etc. The curriculum assists in safeguarding the professional rights of students, which concern: a) their registration with the Economic Chamber (Decision of the Economic Chamber of Greece K/87/19-2-2013) and b) the certification of their pedagogical and didactic competence. It also strengthens the effort to broaden the professional rights of students in other professional fields, such as Tourism or Social Entrepreneurship and Culture, through the establishment of cooperation agreements with corresponding professional, developmental and institutional agents.

The Undergraduate Studies Program prepares students who wish to continue their studies at postgraduate level in Economics, Education and Culture, Sustainable Development, Social and Solidarity Economy, Public Health and Nutrition, Creativity and Innovation, Special Education, Gender Studies, etc.

## RESEARCH ACTIVITY

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Up to now, over 46 research programs have been implemented in the Department under the supervision of members of its teaching staff. The research activity developed in the Department is innovative and of high quality, gaining recognition in Greece and abroad, as verified by the publications of the members of the Department in Greek and international fields of research, the members' participation in Conferences and the numerous references and citations of their scientific work. Research activities include research collaborations developed through Erasmus programs, research collaborations of the Department's members with other Greek universities, such as the Agricultural University and the University of Athens, with international organizations such as the World Bank, international programs, such as the Aurora Project developed in collaboration with the Yale University in the United States, as well as with scientists from distinguished Universities in Europe such as Paris I and Paris Descartes Universities, The University of Lancaster, Bristol, Manchester Metropolitan in the UK, the University of Malta, the University of Wageningen, the Radboud Universiteit Nijmegen of the Netherlands, the University of Western Bohemia in the Czech Republic, the University of Bucharest, the Paisiy Hilendarski University of Plovdiv in Bulgaria, the Universidade de Minho in Portugal, and Universities of the USA such as Yale, Tufts and California-Davies.

Workshops, training seminars and international conferences are also held in the Department in a frequent basis, with topics related to the Department's subjects and with the participation of many distinguished scientists from Greece and abroad.

## THE LABORATORIES OF THE DEPARTMENT

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There are four (4) laboratories in the Department aiming at strengthening the educational and research activities of the Department. These are the following:

### **1. Laboratory of Human Ecology and Agricultural Economics**

It serves the educational and research needs in the subjects: Home economics and management of the human and natural environment. Mild forms of tourism, family. Home technology. Economics and policy of production and marketing of primary products and food. Social economy. Family and development. Art, culture, house. Biology, physiology and human nutrition.

Director: Evangelia Georgitsogianni, Professor

### **2. Laboratory of Management and Education**

It serves education and research needs in the subjects: Human Resources Management. Methodology of scientific research. Pedagogical and didactic methodology. Educational planning and educational assessment. Pedagogical Psychology with an emphasis on learning processes and communication in the classroom. The Laboratory also supports the services offered by the University Students' Counseling Center.

Director: Aikaterini Maridaki-Kassotaki, Professor

### **3. Laboratory of Economic and Social Analysis of the Family and the Consumer**

It serves the educational and research needs in the subjects: Economic and social behavior of the consumer and the family. Working conditions and national, European and international policies. Market research. Environmental economics.

Director: Eleni Theodoropoulou, Professor

### **4. Laboratory of Technology and Information Processing**

The Laboratory serves educational and research needs in the subjects: Data Collection, Analysis and Management. Design, Study, Implementation and Evaluation of Programs, Systems and Applications. Computational Methods and Techniques. Domotics and New Technologies applications.

Director: Anna Saiti, Professor

# THE DEPARTMENT'S PROGRAM OF UNDERGRADUATE STUDIES

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## ACADEMIC PROFILE AND CHARACTERISTICS OF THE PROGRAM OF STUDIES

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Based on the above-mentioned broad framework of the science of Home Economics and the need to follow the ongoing changes taking place in Greece and abroad, the Department of Home Economics and Ecology is in a constant effort to ensure the quality of undergraduate studies through the upgrading of educational services and the search for new occupational prospects for its graduates, in order to attract students of high academic potential. The Program meets the current academic requirements for the establishment of undergraduate studies' programs, as described by "The Hellenic Quality Assurance and Accreditation Agency (HQA)" (ADIP), on the basis of international academic demands and policies implemented by counterpart Departments of the European Higher Education Area, adapted however to the Greek reality.

## CRITERIA FOR THE ESTABLISHMENT OF THE PROGRAM OF STUDIES

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- Adaptation of the Undergraduate Studies Program to modern scientific, social, economic and cultural developments.
- Implementation of the European Credit Transfer and Accumulation System (ECTS) so that the credits meet the international standards of distribution and implementation in relation to the workload of students.
- Harmonization with the External Evaluation Report of "The Hellenic Quality Assurance and Accreditation Agency (HQA)" for Higher Education (ADIP, 2014).
- The Department's development objectives, as reflected in its Strategic Plan, formulated and decided at the 72nd / 21-9-2017 Assembly of the Department.
- The proposals of the undergraduate students of the Department, which are formulated through their legal representatives.
- The conditions for enhancing the international mobility of students and graduates in order to continue their studies or work.
- The most effective use of the human scientific potential of the Department in order to achieve the educational, scientific and professional objectives that the Department aims at through the organization and implementation of its Studies' Program.
- Ensuring the professional rights of students, through their registration with the Economic Chamber and the certification of their pedagogical and didactic competence, and setting as a Department's core aim to extend the professional rights of graduates to other professional fields, e.g. Tourism and Culture, through the establishment of cooperation agreements with professional, developmental and institutional agents of Tourism and Culture.

## OBJECTIVES OF THE PROGRAM OF STUDIES

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- Supporting the interdisciplinary nature of the Program through the teaching of academic subjects related to the social, economic, epistemological and research studies on the quality indicators of the modern family.
- Organized study of issues related to the evolution of the family institution, its role in contemporary reality, its interaction with the cultural environment, the family and consumer economics, the formation of healthy eating habits at various stages of human life, health education, modern home technology and the responsible management of natural and other energy resources, ecological crisis and eco-design.
- Strengthening the student-centered approach to teaching, learning and assessment through more participatory processes of new knowledge dissemination, assimilation, and evaluation, aiming at specific learning outcomes for the benefit of the students of the Department.
- Supporting and enhancing internships and mobility programs (ERASMUS+).
- Strengthening scientific research and technology.
- Linking academic knowledge to the labor market.
- The interconnection of the subjects of the Undergraduate Studies Program (A' Cycle of Studies), with the scientific branches and subjects of specialty provided in the postgraduate programs of the Department (B' Cycle of Studies). In addition, the aim is to harmonize the two Cycles of Studies of the Department with the Strategic Development Plan of the Department.

## EXPECTED LEARNING OUTCOMES FROM THE PROGRAM OF STUDIES

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Having successfully attended the undergraduate studies' program and completed their studies, the students of the Department are expected to:

### **A. In terms of knowledge and understanding of the scientific fields:**

- Be able to use knowledge obtained in areas such as financial management, consumer behavior, family study, sustainable consumption, environmental management, nutrition and health, in order to provide basic guidance to people who want to choose more sustainable ways of living that will ensure their personal and family well-being.
- Recognize the varied needs that ensure the well-being and prosperity of the family as a whole and of the family members at different stages of the life cycle, and to recognize the ways in which these needs can be met, through individual effort and practice, common family decisions, social strategies, and national policies related to the workplace, school, etc.
- Be familiar with the appropriate research methodology which can be employed in their dissertation and in the preparation and writing of research papers.
- Recognize innovative business ideas and plan the steps needed to achieve innovative and groundbreaking business initiatives.
- Be provided with psycho-pedagogical training so that they can effectively carry out teaching activities in public or private educational schools.

### **B. In terms of abilities and skills:**

- Be able to critically analyze scientific articles in the field of Home Economics and Ecology using free, creative and inductive thinking.
- Be able to prioritize their learning needs and interests, strengthening the skill of learning self-regulation and autonomy.
- Be able to communicate effectively with different groups of the population displaying social empathy, respect for diversity and multiculturalism.
- Work as members of a team and develop plans for the implementation of programs or other initiatives that will contribute to the promotion of sustainable and sound consumer behavior and social entrepreneurship.
- Be able, through the work they undertake during their studies, to seek, analyze and compile data and information through the use of the necessary technologies.
- Be able to contribute, in an academic and professional environment, by promoting the technological, social or cultural societal development.
- Formulate criteria and practices of social and professional ethics and accountability in the context of academic activity and assume responsibility.



- Be provided with the opportunity to connect the academic knowledge that students acquire at the University with the labor market, mainly through their compulsory participation in the Department's Internships.

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## THE USE OF THE E CLASS

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The Open eClass platform is an integrated Electronic Course Management System and is the Greek University Network (GUnet) proposal to support Asynchronous eLearning Services. It has been designed with a focus on enhancing the learning process, is based on the open source software philosophy, is actively supported by GUnet and is distributed for free. The main user roles supported by the platform are three, the user-teacher, the user-student, and

the platform administrator (there are also intermediate user roles like assistant admin, user admin, assistant teacher, user group leader, guest, etc.).

The platform is designed to enrich conventional teaching through the incorporation of modern technologies into the educational process. It supports Asynchronous eLearning through a user-friendly and dynamic interface of interaction and continuous communication. Through the use of e-class, students can enroll in those lessons they have access to, while they can, through the platform, participate in documents, announcements, working groups, discussion forums, and exercises of self-assessment. The student account is created either automatically, during registration of new users to the platform, or by the platform administrators themselves after an on-line request. The basic features of the platform, which compile its functional infrastructure, are the distinct roles of the users, the distinct course categories, the structured presentation of the course and the easy creation and use of the course.

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## THE DEPARTMENT'S INTERNSHIP PROGRAM

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In 1999, the Internship Program (Practical Exercise/Placement) in the Department of Home Economics and Ecology was instituted with the form of pedagogical courses taking place in Secondary Education Schools. In 2005-2008, the Internship Program encompassed more public and private sector's agents (Operational Programme for Education and Initial Vocational Training, EPEAEK II, Third Community Support Framework). In July 2011, the Internship Program of the Department of Home Economics and Ecology was included in the framework of the Operational Program "Education and Lifelong Learning" (NSRF [ESPA] 2007-2013) entitled "Internship Program/Practical Exercise of Harokopio University", with a duration from 1/10/2010 to 30/10/2015.

Today, the Internship Program for the students is implemented within the framework of the Program "HAROKOPIO UNIVERSITY INTERNSHIP PROGRAM/PRACTICAL EXERCISE OF HIGHER EDUCATION" of the Operational Program "HUMAN RESOURCES DEVELOPMENT, EDUCATION AND LIFELONG LEARNING 2014-2020" of the Ministry of Economy and Development, co-funded by the European Social Fund and national resources.

The Internship Program (10 ECTS) aims at the effective students' acquisition of professional experience on subjects related to the Department's Program of Studies

and is also directly related to the labor market. It is an actual opportunity for students to cultivate professional skills, under guidance and supervision at the workplace, as well as an opportunity to strengthen personal qualifications and to ensure employability in the future. It promotes free and creative thinking, responsibility, cooperation, decision-making and adaptation to new situations.

The participation in the Internship Program is mandatory for obtaining the BSc degree. Its duration is 2 months (44 days) and it takes place on the fourth year (8<sup>th</sup> semester) of the study. The final overall grade of the Internship Program derives from the participation in the Program carried out in schools (1/3 of the final mark), and by the participation in the Program carried out in other work agents (2/3 of the final mark).

The Internship Program takes place at:

a. *Secondary Education Schools*, for a duration of 12 days, aiming at the experiential familiarization of the students with modern teaching practices and methodologies through their attendance and participation in classes of selected secondary education schools. Students who participate in the internship programme choose a school from the list of partner schools provided by the Internship Office. In the abovementioned context and having completed the program of attendance of Home Economics subjects and other related school subjects at the collaborating schools, the students are invited to conduct two (2) teaching lessons to the students of the collaborating school.

b. *Private sector's workplaces*, for a duration of 32 days, where students should, work in private sector's agents of Economy, Special Needs Education, Counseling for Social Groups, Sustainable Tourism Forms, Art and Culture, Health Education, Nutrition, Environment, Consumer Behavior, Local and Regional Development. The aim of the internship programme in private organizations is to connect the final-year students with the labor market and to experientially familiarize them with the working environment. The selection of the Internship partners is based on the students' theoretical knowledge background and the need to apply this knowledge in the working environment. Students can choose from a list of affiliates or even propose themselves an Internship partner whose enterprise/work/business is related to the fields of the science of Home Economics and Ecology.

Prior to the start of the Internship, the students should have successfully attended the compulsory unit "Home Economics Teaching", during which special seminars are organized for the preparation of the students for the implementation of the Practical Exercise and their unhindered and effective integration into the working environment. The topics of the seminars include information on the Department's Internship Program, as well as suggestions on skills, ways to improve and apply them in the broader professional field, personal characteristics that are useful in specific professional fields, personal branding and social networking, as well as preparing for work.

Since the Internship of the Department of Home Economics and Ecology is compulsory, the distribution of the students to the jobs offered by the hosts, taking into account students' preferences, is based on the following two selection criteria:

1. The percentage of unit passes by the student up to the 3rd year of study.
2. The average grade achieved by the student up to the 3rd year of study.

## **Harokopio University Internship Office**

Evanthia Andrikopoulou, Laboratory Teaching Staff

Student Welfare Building

Tel.: +30 210 9549522 e-mail: intern@yahoo.com

Despina Sdrali, Assistant Professor (Departmental Academic Leader)

Tel.: +30 210 9549217 e-mail: dsdrali@hua.gr

Maria Gousia-Rizou, Laboratory Teaching Staff (Departmental Academic Assistant)

Tel.: +30 210 9549203 e-mail: mgousia@hua.gr

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## **TEACHING, EXAMINATIONS, ECTS**

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All units in the Undergraduate Program of Studies, compulsory and optional, are taught three hours per week, and are divided into eight (8) semesters. Each semester lasts 13 weeks. The language of instruction is Greek. In cases where it is indicated that a unit is available for Erasmus students, the language of the unit is English.

### **The examinations:**

The examination periods are:

- January/February, when the winter semester units are examined.
- June, when the spring semester units are examined.
- September, as a repeating exam period, where all the units are examined.

Unit exams may be written or oral. In the case of students who are given an official permission for exemption from written examinations, they are examined orally after the teachers have been informed by the Secretariat of the Department.

Each course's assessment criteria are announced at the beginning of the semester by the teachers to the students and posted in the e-class.

### **Degree Requirements:**

The successful completion of a student's undergraduate studies requires:

- Registration in each semester of studies.

- Successful attendance of 44 courses (35 compulsory and 9 optional [or 11 optional, if the student chooses not to write a thesis]).
- Successful participation and completion of the Department's Internship/Practical Exercise.
- Writing of a Bachelor Thesis or replacing it with two (2) optional courses.

### **Workload of students**

The total number of credits for each academic semester corresponds to thirty (30) ECTS. The total number of ECTS credit units required to obtain the Degree is 240.

The student's workload (in hours) for each course is calculated on the basis of the equation of twenty-five (25) hours of work per each ECTS credit unit (with the exception of the Practical Exercise which is calculated on the basis of the equation of thirty (30) hours of work per each ECTS credit unit), in line with the Directive on the implementation of the European Credit Transfer and Accumulation System (Ministerial Decision No F5/89656/B3 (Issue B', No. 1466/2007).

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## **STRUCTURE OF THE PROGRAM OF STUDIES**

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In order to obtain their Degree, students attend forty-four (44) courses, of which thirty-five (35) are compulsory and nine (9) are optional. All courses are taught three hours per week and correspond to 5 ECTS (3 credits) each. In addition, the Program of Studies includes Internship/Practical Exercise and a Thesis. Alternatively, instead of writing a Thesis, students have the option of attending two additional optional courses, one in the winter and one in the spring semester. The total number of teaching hours of the Undergraduate Program of Studies thus amounts to 1716 (44 courses × 3 hours of teaching / week × 13 weeks). These courses do not include the Bachelor Thesis and the Internship/Practical Exercise or the optional courses taken instead of the Practical Exercise.

### *SEMESTERS 1, 2, 3, 4*

In each of the first four (4) semesters of studies (1st, 2nd, 3rd, 4th), students attend six (6) compulsory courses.

### *SEMESTERS 5, 6, 7*

In each of the semesters 5, 6, and 7 the students attend three (3) compulsory courses and three (3) optional courses

The offered optional courses are classified into three groups of courses with scientific relevance: 1) Courses of Economics and Administration, 2) Courses of Environmental Management and Cultural Development, and 3) Courses of Education. Therefore, students are invited to select three (3) courses from the above mentioned groups of courses with scientific relevance in each of the 5th, 6th and 7th

semesters as follows: Two (2) optional courses from any of the above mentioned groups of courses and one (1) course from a different group. By grouping the optional courses offered, each student can "build" up to two scientific profiles, broadening his/her future occupational prospects, since, despite the Department's interdisciplinary profile, the Department offers a unified Degree (without specialization) for undergraduate studies. It must be taken into account that if an offered optional course has to be taught, it must have been selected by at least ten (10) students.

It should be noted that students who have a C2-level certification in a foreign language do not have the opportunity to choose this particular language. Instead, they will have to attend and be assessed in another language, if they select the "Foreign Language" as an optional course.

### *SEMESTER 8*

In the 8th semester, the students attend the three (3) compulsory courses, participate in the compulsory Internship/Practical Exercise, and optionally write a Bachelor Thesis.

#### **Bachelor Thesis (Senior/Final Thesis)**

The Bachelor Thesis (Senior/Final Thesis) is being written during the 4th year of studies (7th and 8th semesters) and is regarded as one course, to which 10 ECTS credits (5 ECTS in the 7th Semester and 5 ECTS in the 8th semester) are assigned and 20 Teaching Units (10 MB in the semester and 10 in the semester).

#### **Courses instead of Bachelor Thesis**

Alternatively, instead of writing a Bachelor Thesis, students may select two (2) optional courses corresponding to 5 ECTS each (a total of 10 ECTS), provided that these two courses belong to the same group of courses (namely, the student chooses two [2] courses either from the Group of Courses of Economics and Administration, or from the Group of Courses of Environmental Management and Cultural Development, or from the Group of Courses of Education). Under the above conditions, students in the 7th semester may select one (1) additional winter semester optional course (which they have not already attended) and in the 8th semester one (1) additional spring semester optional course (which they have not already attended).

Administration:

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## STAFF

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†Grigorios Pagakis, Emeritus Professor  
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## MEMBERS OF THE SPECIAL TECHNICAL LABORATORY STAFF – ETEP

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## UNITS OF UNDERGRADUATE PROGRAM OF STUDIES

The following table presents an outline of the units offered in the Undergraduate Program of Studies (Y = compulsory course, E = optional course, ΠΕ = Bachelor Thesis, ΠΑ = internship/Practical Exercise) per semester, the hours of teaching per week as well as the credits of the European Credit Transfer and Accumulation System (ECTS) per course and semester.

<b>1<sup>st</sup> SEMESTER</b>			
<b>A/A</b>	<b>COURSE INDEX</b>	<b>COMPULSORY COURSES</b>	<b>ECTS</b>
Y1	OK0901	History and New Trends of Home Economics	5
Y2	ΓΕ2300	History of Civilization	5
Y3	OK1201	Economic Theory I	5
Y4	OK0305	Statistics	5
Y5	OK1600	Household Technology	5
Y6	ΓΕ5200	Environmental Biology	5
<b>TOTAL ECTS</b>			<b>30</b>

<b>2<sup>nd</sup> SEMESTER</b>			
<b>A/A</b>	<b>COURSE INDEX</b>	<b>COMPULSORY COURSES</b>	<b>ECTS</b>
Y7	ΙΑ0600	Health Education	5
Y8	OK0101	Economic Theory II	5
Y9	ΓΕ3100	Economic and Ecological Management of Housing, Settlements and Cities	5
Y10	ΓΕ5300	Sustainable Tourism: Environment, Culture, Society	5
Y11	OK0307	Statistics and Applications	5
Y12	ΓΕ6000	Learning Difficulties: Helping Children to Overcome them	5
<b>TOTAL ECTS</b>			<b>30</b>

<b>3<sup>rd</sup> SEMESTER</b>			
<b>A/A</b>	<b>COURSE INDEX</b>	<b>COMPULSORY COURSES</b>	<b>ECTS</b>
Y13	IA0301	Basic Concepts of Nutrition	5
Y14	ΓΕ1302	Introduction to Pedagogy	5
Y15	OK2101	Microeconomics	5
Y16	OK4500	Greek Tourism Development and Economy	5
Y17	ΓΕ4103	Educational Psychology	5
Y18	OK3701	Home Economics and Development	5
<b>TOTAL ECTS</b>			<b>30</b>

<b>4<sup>th</sup> SEMESTER</b>			
<b>A/A</b>	<b>COURSE INDEX</b>	<b>COMPULSORY COURSES</b>	<b>ECTS</b>
Y19	IA0203	Nutrition Through the Lifecycle	5
Y20	ΓΕ1004	Teaching Methodology	5
Y21	OK3600	Macroeconomics	5
Y22	OK3201	Human Resource Management and Safety Management	5
Y23	OK3501	Rural Home Economics and Tourism	5
Y24	ΓΕ1802	Global Environmental Issues	5
<b>TOTAL ECTS</b>			<b>30</b>

<b>5th SEMESTER</b>			
<b>A/A</b>	<b>COURSE INDEX</b>	<b>COMPULSORY COURSES 5th SEMESTER</b>	<b>ECTS</b>
Y25	ΓΕ4301	Communication and Learning in the Classroom	5
Y26	OK1901	Supply Chain Management and Customer Service in the New Economic Environment	5
Y27	OK3001	Accounting I	5
<b>ECTS OF COMPULSORY COURSES</b>			<b>15</b>

<b>A/A</b>	<b>COURSE INDEX</b>	<b>ELECTIVE UNITS 5<sup>th</sup> SEMESTER</b>	<b>ECTS</b>
The student is able to choose freely up to two units from the same group and a third unit from any other group of his/her choice			
<b>ECONOMICS &amp; MANAGEMENT</b>			
E1	OK1300	Introduction to Financial Analysis	5
E2	OK0503	Rural Economics	5
E3	OK3900	Energy Economics	5
E4	OK1401	Family Economics	5
<b>ENVIROMENTAL MANAGEMENT &amp; CULTURAL DEVELOPMENT</b>			
E5	ΓΕ3500	Topics in Human Ecology	5
E6	AO101	Special Topics in Nutrition	5
E7	OK4600	Special Issues in Tourism and Tourism Enterprises Operation	5
E8	OK4700	Spatial Planning and Business Environment	5
<b>EDUCATION</b>			
E9	ΓΕ4501	Inclusion of Pupils with Learning and Developmental Disabilities	5
E10	ΓΕ4401	Stereotypes and Prejudices in Education	5
E11	ΞΓ	Foreign Language	5
E12	ΓΕ5800	Research Methods in Social Sciences	5

ECTS OF ELECTIVE COURSES	15
<b>TOTAL ECTS</b>	<b>30</b>

<b>6<sup>th</sup> SEMESTER</b>			
<b>A/A</b>	<b>COURSE INDEX</b>	<b>COMPULSORY COURSES 6th SEMESTER</b>	<b>ECTS</b>
Y28	OK3400	Sustainable Economic and Regional Development – Urban Reconstruction in the E.U.	5
Y29	ΓΕ4601	Educational Assessment and Curriculum	5
Y30	OK2301	Consumer Behavior - Marketing	5
ECTS OF COMPULSORY COURSES			15
<b>A/A</b>	<b>COURSE INDEX</b>	<b>ELECTIVE COURSES 6th SEMESTER</b> The student is able to choose freely up to two units from the same group and a third unit from any other group of his/her choice	<b>ECTS</b>
<b>ECONOMICS &amp; MANAGEMENT</b>			
E13	OK3800	Community Development	5
E14	OK3002	Accounting II	5
E15	OK4800	Consumers Electronic Procurement (B2C) and Business Process Re-engineering	5
E16	OK4200	Marketing Service	5
<b>ENVIROMENTAL MANAGEMENT &amp; CULTURAL DEVELOPMENT</b>			
E17	ΓΕ5500	Food and the Environment	5
E18	ΓΕ3306	Informatics	5
E19	ΓΕ2002	Alternative Tourism	5
E20	ΓΕ0902	Liquid and Solid Waste Management	5
<b>EDUCATION</b>			
E21	ΓΕ4900	Adjustment Problems in the Family and School Contexts	5
E22	ΓΕ5400	Family Psychology	5
E23	ΓΕ6100	The Role of the Family in Child Development	5
E24	ΓΕ5700	In-Class Research and Experiential Activities	5
ECTS OF ELECTIVE COURSES			15
<b>TOTAL ECTS</b>			<b>30</b>

<b>7<sup>th</sup> SEMESTER</b>			
<b>A/A</b>	<b>COURSE INDEX</b>	<b>COMPULSORY COURSES 7th SEMESTER</b>	<b>ECTS</b>
Y31	ΓΕ1006	Teaching Home Economics	5
Y32	OK2000	Management and Economics of Education	5
Π.Ε.	ΠΤ1000	Dissertation	5
ECTS OF COMPULSORY COURSES			15
<b>A/A</b>	<b>COURSE INDEX</b>	<b>ELECTIVE UNITS 7th SEMESTER</b> The student is able to choose freely up to two units from the same group and a third unit from any other group of his/her choice	<b>ECTS</b>
<b>ECONOMICS &amp; MANAGEMENT</b>			
E25	OK2601	Total Quality Management and Logistics Special Topics	5
E26	OK2700	Applied Econometrics	5
E27	OK4100	Project Management and Investment Appraisal	5
E28	OK1501	Economy of Regional Development	5
<b>ENVIROMENT MANAGEMENT &amp; CULTURAL DEVELOPEMENT</b>			
E29	ΓΕ6200	Management of Cultural Goods	5
E30	ΓΕ6300	Participatory Development and Sustainability	5
E31	OK4000	Urban Economy and Environment	5
E32	OK4900	Management of Tourist Destinations	5
<b>EDUCATION</b>			
E33	ΓΕ4801	Creativity in Education	5
E34	ΓΕ6500	Entrepreneurship in Education	5
E35	ΓΕ5600	Cultural Routes - Educational Programs	5
E36	ΓΕ6400	Developmental Psychology	5
ECTS OF ELECTIVE COURSES			15
<b>TOTAL ECTS</b>			<b>30</b>



<b>8<sup>th</sup> SEMESTER</b>			
<b>A/A</b>	<b>COURSE INDEX</b>	<b>COMPULSORY UNITS 8th SEMESTER</b>	<b>ECTS</b>
Y33	ΓΕ3403	Home Economics and Culture	5
Y34	OK1001	Social Economy and Social Entrepreneurship	5
Y35	OK1800	Environmental Economics	5
Π.Ε.2	ΠΤ1000	Dissertation	5
Π.Α.	ΓΕ1007	Internship	10
<b>TOTAL ECTS</b>			<b>30</b>

## PROGRAMS OF POSTGRADUATE STUDIES

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The Department supports research at postgraduate level with the operation of two Postgraduate Studies Programs:

### i. Postgraduate Studies Program "Sustainable Development"

The aim of the Program is to study and implement methods in Sustainable Development covering mainly the areas: Regional Development, Environment Management and Consumer Education.

The Program, which was first offered in 2003 and is still on offer, aims at educating executives of science capable of participating in the development of local and regional development programs, environmental impact studies and consumer protection programs, and also in the training of qualified scientists who are able to take over positions of management and administration in public and private agents in the fields of Regional Development, Environment Management and Consumer Education, as well as in the development of research and promotion of learning in areas of Sustainable Development. The Program awards a Master's Degree in "Sustainable Development" in the following directions:

- Regional Development
- Environment management
- Consumer Education

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### ii. Postgraduate Studies Program "Education and Culture"

The aim of the Program, which has been on offer since 2008, is to train scientifically specialized graduates of Tertiary Education Institutions in education and culture. More specifically, the aim of the Program is to provide the abovementioned graduates with specialized psycho-pedagogical knowledge on issues related to learning, teaching, organization, management, and administration in education and interpersonal relationships in school, as well as to help them develop their awareness on art and culture issues, in order to encourage them so that they contribute to the upgrading of teaching practice and the promotion of research related to the abovementioned subjects. The Program awards a Master's Degree in the following directions:

- Pedagogical Psychology and Educational Practice
- Administration and Management of Education Units
- Education and Culture.

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